Sunday Morning Milkshake

Ingredients

1 - 2 bananas 4 cups milk 2 tbsp. sugar 120 g. mixed berries 1 tsp. vanilla

Instructions

- 1. Chop the banana into pieces.
- 2. Add banana pieces, berries, vanilla, sugar, and milk to the blender.
- $3. \quad \text{Blend until homogeneous.} \\$

Prep time: 5 minutes