Sole Amandine

1/2 cup flour

1/4 tsp. pepper

juice, rind, and chives.

Ingredients

1 tsp. salt 3 tbsp. butter 3 tbsp. chopped chives 3 tbsp. slivered almonds 1/3 cup salad oil

1 tsp. grated lemon rind

1 tsp. paprika 3 tbsp. lemon juice

2 lbs. sole fillets

Instructions

- Combine flour, salt, pepper, and paprika in a flat dish.
- 2. Cut fish into serving-sized pieces and dip into the flour mixture to coat.
- Heat butter in a small skillet. Add almonds and cook gently, stirring until golden. Stir in lemon 3.
- 4. Heat oil in a large, heavy skillet and fry fish quickly on both sides until golden. Lift onto a hot platter and pour almond mixture over fish.