

Beef and Barley Soup

Ingredients

2 cups stewing beef, browned	1 cup raw barley	3 beef bouillon cubes
9 cups cold water	1/2 cup finely chopped onion	1 tsp. salt
1 cup tomato juice	1/2 cup carrots, cut in very thin strips	1/3 cup finely chopped celery

Instructions

1. Combine all ingredients in large pot and simmer for 3 hours or until barley is tender.
2. Taste for salt and adjust if necessary

Cook time: 3 hours