

Borscht

Ingredients

6 medium beets	1/2 - 1 lb. beef, tenderized	salt and pepper
1 medium onion	and thinly sliced	1 tsp. dill weed
1 medium potato	2 tbsp. butter	1/2 cup lemon juice
1 medium apple	6 - 8 cups boiling water	sour cream to garnish
2 carrots	1/2 small cabbage	

Instructions

1. Peel vegetables and apple and grate coarsely. Brown meat in oil in large soup pot.
2. Melt butter, add vegetables except cabbage, and cook, covered for 1 hour, stirring occasionally.
3. Add boiling water, cabbage, salt, pepper, dill weed, and lemon juice. Cook 15 minutes longer.
4. Adjust seasonings and serve with sour cream.