

Minestrone

Ingredients

1 clove garlic, minced	19 oz. can tomatoes	1 cup thinly slices zucchini
1 medium onion, chopped	5 cups beef stock	2 - 3 cups cooked kidney beans, undrained
1/2 cup chopped celery	1/2 cup chopped parsley	2 cups cooked beef, finely chopped
1 tbsp. oil	1/2 tsp. pepper	grated parmesan cheese to garnish
1 cup diced carrots	salt	
1 cup shredded cabbage	1 cup broken spaghetti noodles	

Instructions

1. In a heavy pot, sauté garlic, onion, and celery in oil.
2. Add carrots, cabbage, tomatoes, stock, parsley, pepper and salt. Cover and simmer for 20 minutes.
3. Add noodles, zucchini, beans, and meat. Simmer 10 minutes longer, or until spaghetti and vegetables are cooked.
4. Serve topped with freshly grated Parmesan cheese.