## Wild Rice Soup

1 large onion, diced

## Ingredients

- 1 cup wild rice 4 cups water
- 3 carrots, diced
  2 potatoes, peeled and diced
  butter
- 2 cups chicken stock 1 cup milk or 1/2 cup cream
- 1 small brick of velveeta cheese, cubed

## Instructions

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- 1. In a medium saucepan, combine rice and 3 cups water.
- $2. \quad$  Cook covered on low heat until tender, about 45 minutes.
- 3. Meanwhile, saute the onion, carrots, and potatoes in butter.
- 4. Add 2 cups of chicken stock and the remaining water.

Cover and cook until tender.

- 6. To the vegetables, add the cooked rice, milk or cream, and cheese.
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- 7. Simmer gently until the cheese is completely melted.